

The Caring Connection

A Smock Senior Ministries Newsletter

Issue Number 227, May - July 2021



Smock Senior Ministries, PO Box 11674, Fort Wayne, IN 46859
260-426-7421 · firstpresfortwayne.org

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Mary Lynn McIntyre, Administrative Secretary · ext. 132 · smock@firstpresfortwayne.org

Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, May 20, 2021

(10:00 - 1:00 p.m.)

First Presbyterian Church, Fort Wayne

"Philo Farnsworth:
He Changed the World"



*Presented by
David Dew*

Call 260-426-7421 ext. 132

with your reservation by 5/17/2021

*Presby-Day is a monthly gathering for spiritual growth,
education, fellowship, lunch and total life enrichment.*

All Presbyterians over "50" and their friends are invited.

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SMOCK Services

Below are services presently offered by the Smock Senior Ministries Center. **For more information about these services and ministries, call 426-7421, ext. 132.**

PRESBY-DAY:

A monthly gathering of Presbyterian senior adults and their friends for spiritual growth, education, fellowship, lunch and total life enrichment.

CARDS OF ENCOURAGEMENT, CONCERN & SUPPORT:

Call Lou Brickman, coordinator, at 969-7069.

H.E.L.P. (Health Equipment Lending Program):

Basic health care equipment is available for loan to Presbyterians, their families and friends, when needed.

FINANCIAL RESOURCES AND PLANNING:

Qualified persons are available to assist middle-aged and older adults with financial planning, government regulations, long-term care, and insurance matters.

TOURS & ENTERTAINMENT:

Periodic day trips, shows, and tours of longer duration for fellowship, education, and entertainment. Call Carol Straub, coordinator, via the SMOCK office at 426-7421, ext. 132.

HANDYMAN SERVICES:

SMOCK helps Presbyterian seniors with minor maintenance and handyman services. Please call for more information.

EMAIL FOR SENIORS:

We invite all seniors, with all levels of computer experience, to learn how to email. During the class, you will create an email address—unless you already have one—and learn this fun-filled way to communicate with your friends and family. Please contact the SMOCK office at 426-7421 ext. 132 to reserve your spot in a class.

MEDICARE "C" & PRESCRIPTION "D" COUNSELING & ASSISTANCE:

We can help you go online to find the best Medicare "C" and Prescription "D" plans for your specific needs. We have a trained counselor who will guide you through the process. All you need is your current list of medications. Call the SMOCK office for an appointment.

November is always the ideal time for reevaluation of your Medicare "C" and Prescription "D" Plans.

3B (Body·Brain·Belief)

A life-time fitness class geared toward flexibility, balance and strengthening of those muscles we use every day. The class meets on Monday and Wednesday afternoons, at 1:30 p.m. in McKay Hall.

Come early and join the Walking Club, which walks from 1:00—1:25 p.m.

All senior adults 50 years and better are invited and welcome. Please contact the SMOCK office at 426-7421 ext. 132 to sign up.

LIFELONG LEARNING CLASSES

Lifelong learning class sessions are taught by professionals in their fields of expertise and are held over a period of 4 Tuesdays. Classes run for 1½ hours, begin at 10:30 a.m., and end at 12 noon; lunch is provided.

continued on page 3

SMOCK Services, continued

Please contact the SMOCK office at 426-7421 ext. 132 for the schedule of classes and to reserve your spot.

Upcoming Events, continued

Upcoming Events



3B (continues until Christmas Break)	Monday and Wednesdays 1:30—2:30 p.m. (with Walking Club from 1:00—1:25 p.m.) *more info on page 8
Monday May 3	Smock Foundation Meeting 1:00 p.m.
Tuesday May 4	Auburn Cord Duesenberg Automobile Museum Tour; depart from FPC at 11:30 a.m.
Thursday May 6	Presby Day Task Force at 10:30 a.m. Room 302
Sunday May 9	Mother’s Day
Thursday May 20	Presby Day 10:00 a.m. - 1:00 p.m. in McKay Hall
Thursday May 27	"When Calls the Heart The Musical: A World Premier"; depart from FPC at 10:15
Monday May 31	Memorial Day

Thursday June 3	Presby Day Task Force at 10:30 a.m. Room 302
Thursday June 10	"The Wizard of Oz"; depart from FPC at 10:30 a.m.
Thursday June 17	Presby Day 10:00 a.m. - 1:00 p.m. in McKay Hall
Sunday June 20	Father’s Day
Monday June 28	Smock Foundation Meeting 1:00 p.m.
Thursday July 1	Presby Day Task Force at 10:30 a.m. Room 302
Sunday July 4	Independence Day
Thursday July 8	"The Music Man"; depart from FPC at 10:30 a.m.
Thursday July 15	Presby Day 10:00 a.m. - 1:00 p.m. in McKay Hall
Thursday July 29	"Land that I Love"; depart from FPC at 10:15

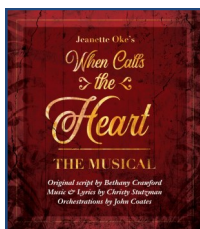


2020 Smock Shows, Tours & Trips

Money is to be turned in 1 month before each trip; please make checks payable to **FIRST PRESBYTERIAN CHURCH and notate Smock Senior Ministries on the memo line.** For more information and to make a reservation, please contact 426-7421 ext. 132.

- Tuesday, May 4 - Auburn Cord Duesenberg Automobile Museum, Auburn, IN - \$15.00 + lunch on your own at The Water's Edge; depart from church at 11:30 a.m.

- Thursday, May 27 - "When Calls the Heart the Musical: A World Premier" - Round Barn Theater, Amish Acres, Nappanee - Dinner & Show \$57.00; depart from church at 10:15 a.m.



- Thursday, June 10 - "The Wizard of Oz" - Wagon Wheel Professional Theater, Warsaw - Show \$30.00 + lunch on your own at The BoatHouse Restaurant; depart from church at 10:30 a.m.



- Thursday, July 8 "The Music Man" Wagon Wheel Professional Theater, Warsaw - Show \$30.00 + lunch on your own at The BoatHouse Restaurant; depart from church at 10:30 a.m.



- Thursday, July 29 - "Land that I Love" - Round Barn Theater, Amish Acres, Nappanee - Dinner & Show \$57.00; depart from church at 10:15 a.m.



- Thursday, August 12 - "Godspell" - Cornwell's Turkeyville Dinner Theater - Dinner & Show \$40.00; depart from church at 10:00 a.m.

- Thursday, September 30 "Little Women" - Round Barn Theater, Amish Acres, Nappanee - Dinner & Show \$57.00; depart from church at 10:15 a.m.



- Thursday, December 9 "A Musical Christmas Carol" - Round Barn Theater, Amish Acres, Nappanee - Dinner & Show \$57.00; depart from church at 10:15 a.m.

Upcoming Lifelong Learning Continuing Education Class— Begins Tuesday, September 7

Smock Senior Ministries is offering a fifth opportunity for lifelong learning! This fifth class session will be meeting on the following Tuesdays: September 7, 14, 21 and 28, from 10:30 a.m. - 12 noon; lunch to follow. The topic will be "Writing an Ethical Will".



You may ask: What is an Ethical Will?

An ethical will is a way to share with your family and community your~

- Values
- Beliefs
- Life lessons
- Hopes for the future
- Love
- Forgiveness

You may ask: Why Create an Ethical Will?

People choose to write ethical wills for a variety of reasons (here is a sampling of reasons cited by participants in various workshops):

- We all want to be remembered, and we will leave something behind
- It helps identify what I value most and what I stand for
- It helps me to come to terms with my mortality by creating something of meaning that will live on after I am gone

Ethical wills are not new. The Bible first described ethical wills 3000 years ago. First, they were transmitted orally close to the time of death, and later, they became written documents attached to legal wills. Today, they are most often written as a separate document and shared with family and community while the author is still alive.

Additional Upcoming Lifelong Learning Continuing Education Class—date to be determined:

Please watch for upcoming information regarding our sixth class where the topic will be "Writing Your Memoirs".



Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, June 17, 2021

(10:00 - 1:00 p.m.)

First Presbyterian Church, Fort Wayne

A Performance by:



The Fort Wayne Children's Choir teaches music literacy to children from diverse backgrounds through song and performance.



Call 260-426-7421 ext. 132

with your reservation by 6/14/2021

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Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, July 15, 2021

(10:00 - 1:00 p.m.)

First Presbyterian Church, Fort Wayne

"Lesser-Known

First Ladies ~

1897 - 1923"

Part III ~

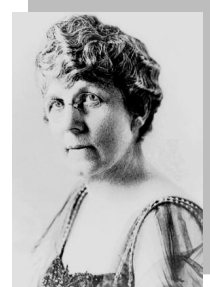
End of 19th Century into 1920's



Ida Saxton McKinley



Helen Herron Taft



Florence Kling Harding

Presented by

Cynthia Thies, creator, writer

and producer of this

three-part educational video series

Call 260-426-7421 ext. 132

with your reservation by 7/12/21

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Theological Tidbits:



Calvin's Motto

John Calvin (July 10, 1509 - May 27, 1564) was an influential French theologian and pastor during the Protestant Reformation.

He was the principal figure in the development of the Christian theology later called Calvinism.

Originally trained as a humanistic lawyer, he broke from the Roman Catholic Church around 1530.

John Calvin's personal emblem was a picture of a flaming heart held up in a hand with an inscription.

His motto reads: "Cor meum tibi offero, Domine, prompte et sincere."

In English, it is: "My heart I offer to you, O Lord, promptly and sincerely."

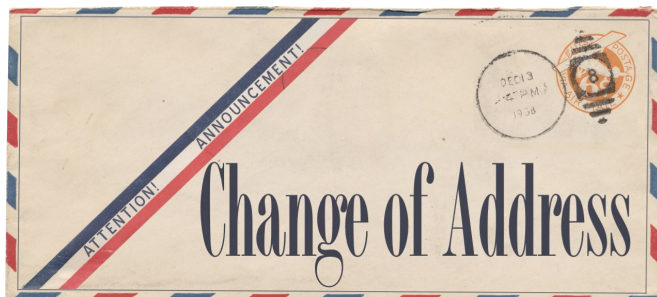
"Deo Gloria" means "Glory to God alone."

This is sometimes called the motto of Calvin, and it gives us a good start on a better understanding of his theology.

To Calvin, Christians should not only be concerned with their own salvation but also with glorifying God in every part of God's world around them.

The Josh Link <http://www.thejoshlink.com/article295.htm>



NEW SMOCK SENIOR MINISTRIES' MAILING ADDRESS:

Please note—until further notice—all mailed communications for Smock Senior Ministries need to be sent to the following address:

**Smock Senior Ministries
PO Box 11674
Fort Wayne, IN 46859**

And, as a reminder, if you are writing a check for a Smock tour, etc., please make checks payable to **FIRST PRESBYTERIAN CHURCH** and notate **Smock Senior Ministries on the memo line.**

3B Program Information

Class sessions meet on Mondays and Wednesdays in McKay Hall at First Presbyterian Church of Fort Wayne and are from 1:30 to 2:30 p.m. with the Walking Club meeting immediately before from 1:00—1:25 p.m. Classes consist of both men and women, (varied in age), and are full of fun, fellowship, fitness and balance exercises and an occasional refreshment celebration. There is no charge for the class and materials are provided.

Sessions run continuously through Christmas break!
Instructors are Rev. Haworth, Marj Sapp and Frank Noonan

Please see information on cover regarding free 3B Training in October 2021!

The 3B Program is founded on the concept that we don't stop exercising because we get old; we get old because we stop exercising.

BASIC MEDICAL EQUIPMENT LOANS:

Various types of basic health care equipment (not including hospital beds) is available for loan to Presbyterians, their families and friends, when needed. The equipment that is currently available is inventoried by Smock Senior Ministries at First Presbyterian Church. Before you purchase a medical equipment item, please contact the SMOCK office at 426-7421 ext. 132 to inquire—what you need may be available for loan.



The Caring Connection

FIRST PRESBYTERIAN CHURCH
SMOCK SENIOR MINISTRIES
PO Box 10390
Fort Wayne, IN 46852-0390

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May - July 2021

Free 3B Training! October 8 -9, 2021 Watch for further info!



The weekend of October 8 - 9, there will be a training class held on a Friday and Saturday in Fort Wayne. This free 2-day training session will enable you to teach the 3B program and gives you an opportunity to reach, not only current senior members of your congregation, but others in the community by presenting a total program of fun-filled motion actions. Please watch for more details in a later issue of the *Caring Connection*!

